1. Tap Settings App
2. Tap Screen Time
3. Tap Turn On Screen Time
4. Tap Continue

To finish this process, parent will need to either have an Apple ID or create one.

To create an Apple ID, go to https://appleid.apple.com
5. Tap This is My Child’s iPad

6. Tap either Start or End to adjust time. Scroll up or down

7. Tap Set Downtime
9. Tap Set and adjust time

10. Tap Set App Limit

8. Select categories

11. Tap Continue
12. Type in passcode, twice
13. Type Apple ID username and password 

14. Tap OK

15. Screen Time is setup. To make adjustments, click on one of the sections below.
16. When making adjustments, might need to put in passcode.
**App Limits section**

Adjusts how long an app can be used.

**Always Allowed section**

This is where you allow and/or not allow apps.
Content & Privacy Restrictions section

By default, this is off

The list of restrictions available.