Oklahoma City Public Schools
Recommendations for Families
Preparing for Online Learning

For Parents/Guardians

- Establish Routines and Procedures your child will follow during learning time
- Create an appropriate workspace for your student
  - Young children learn best through hands-on learning experiences, providing a variety of different and unique learning materials are important to these experiences
  - During video calls, reading time, or quiet time in the schedule it is important to find a quiet place for your child that is not a high traffic area
  - Best to keep only the necessary materials for learning in the workspace
  - Place unnecessary items out of reach
  - Turn off the television, this can easily distract your child
  - Place your phone in an alternative location or turn it on silent, phones are the easiest way to become distracted during work time
  - Remember that your child will need your assistance to work through learning activities. You are an important part of the learning experience.
  - When you have multiple children it may be possible for one to distract the other
    - Identify activities that they can learn from each other on (can you include non-school-aged children in learning activities)
    - Utilize headphones
    - Have free time in a separate location
    - Review the schedule, is it possible to have them learning at separate times
- Preparing for learning - the current remote learning environment is forcing parents and caregivers to take on a much larger role in instruction. Below is a list of strategies that will maximize learning at home.
  - Follow the Screen Time Guidelines by Age by the American Academy of Pediatrics and World Health Organization
  - Monitor screen time and help your child to connect and participate in learning, young children will benefit from having an adult caregiver side-by-side learning while using a device
  - Have learning materials available
  - Discuss with teacher any concerns about managing the learning time

- Establish a structured schedule
  - Visit with teacher to receive specific schedule for your child's classroom
  - Include times for outdoor and physical activities and times to disengage from devices
- Monitor communications for your child's teacher
- Begin and end each day with a check-in
- Take an active role in in helping your children process and own their learning
- Student Motivation
  - Praise
    - Making a point of recognizing and praising the work your student has done often goes a long way to increasing motivation!
    - Frequently praise your child and be specific about what they did that was good.
  - Rewards
    - Plan the reward and let the child know it in advance
    - Control the reward by ensuring that you child cannot gain access to the reward unless you provide it
    - Provide the reward by giving your child access as soon as the work is accomplished
    - Make sure that the reward is developmentally appropriate for your child's age and that the frame is also appropriate for your child's development
  - Tokens or Stickers can be a useful tool to show progress for your child, oftentimes, they can be the reward themself! For example, if the child receives 5 stickers they can receive the reward they are working towards.
  - At-home PBIS
- Canvas Videos - Canvas will be your one stop shop! Your teacher will put announcements, feedback, links to meetings, videos, and Seesaw activities
- Seesaw Videos - Seesaw is an excellent way for students to demonstrate their knowledge and understanding of the content, specific activities will be linked into Canvas
- Family Guides from OSDE
  - These guides for families walk you through the most important learning that happens for your child during the grade-level they are in.
- How to use an iPad
  - The iPad has a stand attached to the case so that you can prop it up during learning
  - The button on the side turns the iPad on and right below that has two volume buttons to increase and decrease the volume
  - The button on the front will always take you back to the home page

- Additional Resources:
  - [How to Talk to Your kids about Coronavirus](#) - PBS
  - Daniel Tiger's Neighborhood - Coming Soon
  - [Managing Problem Behavior at Home](#)
  - [What is Coronavirus? A printable book](#)
  - [Just for Kids Podcast: A Comic Exploring the New Coronavirus](#)
  - [Coronavirus: Latest Updates and Tips](#)
  - [Understood: Back to School Resources](#)
  - [Why Can't I Go to School?: A Printable Story](#)
  - [Resources for Supporting Children's Emotional Well-Being during the Covid-19 Pandemic](#)

For Child Care Programs

- Establish School Time Routines and Procedures for the children in your care.
    - Consider:
        - Storage and care for devices
- Create an appropriate workspace:
    - Young children learn best through hands-on learning experiences, providing a variety of different and unique learning materials are important to these experiences
    - During video calls, reading time, or quiet time in the schedule it is important to minimize distractions
    - Best to keep only the necessary materials for learning in the workspace
    - Place unnecessary items out of reach
    - Turn off the television, this can easily distract children
    - Remember that young children will need the assistance of a caregiver to work through learning activities. Your teachers are an important part of the learning experience.
    - When you have multiple children it may be possible for one to distract the other
        - Identify activities that they can do together
        - Utilize headphones when necessary
        - Schedule free time at the same time
        - Review the schedule
- Preparing for learning - the current remote learning environment is forcing caregivers to take on a much larger role in instruction. Below is a list of strategies that will maximize learning at home.
    - Follow the Screen Time Guidelines by Age by the American Academy of Pediatrics and World Health Organization
    - Monitor screen time and help young children to connect and participate in learning, young children will benefit from having an adult caregiver nearby learning while using a device
    - Have learning materials available
    - Discuss with parent/guardian/teacher any concerns about managing the learning time while at the child care center

- Establish a structured schedule
  - Sample Schedules from OKCPS
  - Visit with OKCPS teacher to receive specific schedule for the child's classroom
    - OKCPS teachers have been encouraged to identify and reach out to child care providers
    - Be flexible and ask for flexibility from school district teachers - it is likely that you will have in your care children who attend different schools, working with the schools/school districts will help you to create a schedule that works for your child care teachers and the families we serve
  - Include times for outdoor and physical activities and times to disengage from devices
- Student Motivation
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  - [Resources for Supporting Children's Emotional Well-Being during the Covid-19 Pandemic](#)
  - Child Trends -- [5 Ways Early Care and Education Providers Can Support Children's Remote Learning During the Covid-19 Pandemic](#)
- List of readers:
  - While we have are go-to list of readers available in each OKCPS classroom, many of those readers will be made available to children, it is important that a comprehensive list of books is available to the young child to have hands-on opportunities with
- List of materials
  - Blocks
  - Pattern blocks
  - Beads & string
  - Shapes
  - Unifix cubes
  - Letters
  - Numbers
  - Magnets
  - Books on cd/tape
  - Play materials for make believe
  - Paint
  - Scissors
  - Crayons
  - Pencils
  - Colored Pencils