# HOW PARENTS OR GUARDIANS CAN HELP



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# How Parents or Guardians Can Help

#### Freshman

- Know your student's teachers and school counselor and communicate with them throughout the year.
- Know grading periods and when to expect report cards and progress reports.
- Develop a systematic plan of study that will prepare your student for a career that fits his/her interests.
- Obtain information on Oklahoma's Promise, a scholarship program that helps qualified Oklahoma students gain access to higher education. Apply to Oklahoma's Promise if your student qualifies.
- Review and understand the necessary requirements for high school graduation.

- Assist your student in beginning a file on activities, honors, work experience, and community service.
- Review and approve your student's 10th grade plan of study.
- Know opportunities for career and technical education through technology centers, as well as concurrent enrollment.

## Sophomore

- Know your student's teachers and school counselor and communicate with them throughout the year.
- Know grading periods and when to expect report cards and progress reports.
- Review your student's test results and how they relate to his/her plan of study.
- Attend college and career fairs with your student.
- Clarify and reinforce with your student the necessity of making a commitment to post-secondary plans.
- Begin gathering information about career and technology centers, colleges, and the military.

- Know the requirements for post-secondary admissions.
- Review and approve your student's 11th grade plan of study.
- Continue building a file on activities, honors, work experience, and community service.
- Obtain information on Oklahoma's Promise, a scholarship program that helps qualified Oklahoma students gain access higher education. Apply to Oklahoma's Promise before the end of your student's 10th grade year.
- Check out test dates and registration deadlines (PSAT, ACT, SAT, ASVAB).

### Junior

- Know your student's teachers and school counselor and communicate with them throughout the year.
- Know grading periods and when to expect report cards and progress reports.
- Check out test dates and registration deadlines (PSAT, ACT, SAT, ASVAB). Register to take the SAT or ACT.
- Discuss long-term career plans.
- Review specific entrance requirements for post-secondary training programs that your student may want to attend.
- Review graduation requirements and be certain

- the appropriate courses are being taken.
- Research financial aid and scholarship opportunities.
- Review and approve your student's 12th grade plan of study.
- Attend career and college fairs with your student and discuss career options.
- Take your student on college visits.
- Continue building a file on activities, honors, work experience, and community service.

#### Senior

- Know your student's teachers and school counselor and communicate with them throughout the year.
- Know grading periods and when to expect report cards and progress reports.
- Check out test dates and registration deadlines (PSAT, ACT, SAT, ASVAB). Register to take the SAT or ACT.
- Know college admission application deadlines.
- Check due dates on scholarships and other sources of financial aid.
- Re-check graduation requirements.
- Pick up various forms related to obtaining financial

- aid (scholarships, grants, student loans).
- Complete all financial aid forms as soon as possible.
- Complete the necessary applications as soon as a decision has been reached about which post-secondary training institution your student will attend.
- Check student's completed applications, resume development, and interviewing skills.
- Attend career and college fairs with your student and discuss career options.
- Learn more about OKC GO 2.0 or Ticket to Rose.