

NORTHWEST CLASSEN HIGH SCHOOL ATHLETICS

ALONG WITH TAFT & MARY GOLDA ROSS MIDDLE SCHOOL ATHLETICS



ARRIVE & ENROLL AT DON E. VAN POOL GYM LOBBY ON NWC CAMPUS

ATHLETIC ENRICHMENT PROGRAM - JUNE (6th, 7th, 8th, & 9th- 12th GRADES)

JUNE 7-10, 14-17, & 21-24 (M, T, W, & TH)

SESSION 1 8:00am -10:00am

SESSION 2 10:00am -12:00pm

NWC ATHLETES ONLY SUMMER LIFTING IN JULY (9th – 12th Graders)

JULY 5-8 & 12-15

GIRLS ATHLETICS (ALL GIRLS SPORTS) 8:30am -10:00am

FOOTBALL ATHLETES 8:00am – 10:00am

BOYS ATHLETICS (ALL OTHER BOYS SPORTS) 12:00pm -1:30pm

NWC VOLLEYBALL, SOFTBALL, AND B/G CROSS COUNTRY STARTS JULY 15TH

JULY 19-22 & 26-29

GIRLS ATHLETICS 8:30am -10:00am

FOOTBALL 8:00am – 10:00am

BOYS ATHLETICS (ALL OTHER BOYS SPORTS) 12:00pm -1:30pm

NWC SPORTS CAMPS

SOFTBALL & BASEBALL JUNE 14 & 15 1:00pm – 4:00pm

FOOTBALL 7on7 JUNE 7, 14, & 21 11:00am – 12:30pm

GIRLS BASKETBALL JUNE 10-12 At OBU

Weight Rooms and Facilities Used:

Big Gym Weight Room, Football Weight Room in Baseball Fieldhouse, Track, Big Gym, Small Gym, and Grass Area North of Don E. Van Pool Gym.