



Dear OKCPS Parents & Guardians,

The Oklahoma City Public School District is aware of the nationwide public health concern regarding the H₁N₁ influenza cases reported in Oklahoma.

H₁N₁ is a contagious respiratory disease found commonly in pigs; but can be spread to humans.

The Oklahoma City Public School District wants to remind parents and staff members of the importance of prevention and how to stay safe.

What You Can Do To Prevent the H₁N₁ Virus

- Cover your nose and mouth when coughing or sneezing.
- Wash your hands frequently with anti-bacterial cleaners.
- If you are sick, stay home.

Symptoms of H₁N₁ Virus

- Fever, cough, sore throat, body aches, headache, chills, fatigue.

If you or your child is showing symptoms of the H₁N₁ virus please consult a physician.

The Oklahoma City Public School District Student Parent Handbook has guidelines to help parents decide when a student should stay home from school due to an illness. For additional information consult the handbook under the Health topic on page 11.

- Fever (temperature 100 degrees or higher).
- Vomiting or diarrhea.
- Blistery Rash
- Heavy nasal congestion or frequent cough
- If your child has been diagnosed with a contagious disease.

This is not a time for panic, but rather for prevention and awareness.

Thank you for your support.

OKCPS Administration